

You can contact her for workshops and training in / on the following subjects. The original title / content can be translated in English/French/Dutch. Some presentations are in German. They are indicated with *

Title	Lecture	Workshop	Time
Fundamentals			
Medical Hypnosis or Neuro-hypnosis	yes		1.30 hr
Hypnotic communication in medical settings	yes	yes	4-5 days
Basic / Intermediate / advanced training (Ericksonian) Hypnosis		yes	6-8/6-8/16-18fays
Hypnosis and / in psychotherapy - Psychosomatics			
Integrating Hypnosis in Psychotherapy – Exploration in Hypnosis	yes	yes	2 days
Additional value of hypnosis in psychotherapy: neuroscientific insights explained.	yes	yes	1-2 days
Hypnosis and Self-hypnosis in Psychotherapy: stabilisation / affect-management/self-regulation	yes	yes	1 day
Hypnosis in mind/body work : access and communication		yes	1 day
Mind The Life Traps: Hypnosis and schema therapy: resolving dysfunctional schema's (WS)		yes	1-2 days
Hypnose und selbsthypnose als Mittel in der Psychotherapie *			
Hypnosis in stress and stress-related problems			
Hypnosis and self-hypnosis in stress-control	yes	yes	1-2 days
Hypnosis in PTSD: stabilisation/confrontation/exploration/integration		yes	6 days
Home Coming Shelter after the storm		yes	1 day
Hypnosis in Burnout prevention and therapy	yes	yes	1 day
Resilience in the prevention and therapy of Burnout.	yes	yes	1 day
La Résilience : comment se préparer et survivre les contretemps de la vie ?	yes	yes	1 day
L'hypnose pour prévenir et traiter le burnout	yes	yes	1 day
Emphasizing the importance of resilience in a world in crisis and the role played by Hypnosis in activating and developing inner forces and resources	yes	yes	1 day
Help the Helper			
Hypnosis for helping professions and caregivers: prevent compassion fatigue/vicarious traumatization	yes	yes	1 day

Help the helper: dealing with risks of health care professionals.	yes	yes	1 day
« FLEURIR » Les pétales de satisfaction dans la vie et au travail.	yes	yes	1 day
From empathy to compassion fatigue. How can health care practitioners develop resilience and keep their positive engagement?	yes		1.(30) hour
Performance Enhancement			
Yes You Can! Hypnosis in Performance Enhancement		yes	1 day
Developmental Hypnosis	yes		
May I have the next dance please ? integrating hypnosis and metaphors for performance enhancement	yes	yes	½ day
Resilience and Resource development in Hypnosis			1 day
Resilience in the prevention and therapy of burnout			1 day
Face A l'épuisement : quelles compétences ?			1 day
May I have the next dance please ? integrating hypnosis and metaphors for performance enhancement	yes	yes	½ day
Hypnose bij prestatieverbetering en faalangst		yes	1 day
Wie macht man ein Rad von Erfolg um Ziele zu erreichen? G.O.A.L.S.? *		yes	1 day

Title	Lecture	Workshop	Time
Bridging East and West			
Bridging East and West in waves of trance	yes		1.30 hour
Hypnosis paving your path to happiness and spirituality	yes		1.30 hour
Miscellaneous			
Hypnosis in pregnancy and childbirth (WS)		yes	1 day
Hypnosis in identity problems / transgender problems		yes	1 day
L'hypnose comme voie d'accès au bonheur (L + WS)	yes	yes	1 day
Hypnosis as adjunctive tool to increase happiness	yes	yes	1 day